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## National cross triathlon at Crackenback

## TRIATHLON

Triathlon featuring Australia's top adventure athletes toughing it out in a swim, mountain bike ride and trail run will be held in the Snowy Mountains bushland surrounding Lake Crackenback Resort & Spa on March 9 and 10.

Over the weekend there will be a variety of events including short course, junior and kid's triathlons

plus trail runs and a free Mud Rats event for the little ones. Main event will be the National Cross Triathlon Championships.

The national championship course features a 1000 metre swim, a 24km cross country mountain bike and an 8km trail run.

The event is sanctioned by Triathlon Australia and is a qualifier for the ITU World Cross Triathlon in the Hague, Netherlands in 2013.

