

Harro's

LAKE CRACKENBACK

THREDBO VALLEY TRACK Information

General safety

- Mountain biking can be a dangerous activity. Ride within your ability
- Ride to the weather and track conditions of the day
- Wildlife can be abundant in the mountains and are often on or crossing the tracks
- If riding alone, tell someone your planned route and expected return time
- Know basic first aid skills
- Be mindful of landmarks, locations or emergency contact points in case you need assistance
- Be aware of your safety during total fire bans or if bush fires are already burning.

Equipment

- Use a mechanically sound bike
- Wear an Australian safety standard approval helmet
- Take sufficient food & water for at least tour intended ride length (preferably more)
- Wear and carry appropriate clothing - conditions can change quickly in the mountains
- Use sunscreen and reapply during a long ride
- Carry basic spares and tools including Allen keys / multi tool, tube, pump & patches
- Carry at least a basic first aid kit
- Carry a mobile phone

Track etiquette

- Be mindful the tracks are used by both cyclists and walkers - be patient
- The tracks are two directional - expect other users to be coming towards you
- Share the track responsibly - be courteous to other users
- Maintain a safe distance between yourself and other riders
- Pass others only when it's safe to do so
- Advise other users how many people are following in your group
- Announce your presence to other users as you approach from behind them
- Never litter

Specialized Bikes

Our range of bikes suits riders of all abilities, from 3 year old children learning on balance bikes to our performance range of male and female specific dual suspension trail bikes.

THREDBO VALLEY TRACK

TVT Shuttle Bus

Jump on the Resort shuttle bus and enjoy the comfortable trip to Thredbo in readiness for your ride down the Thredbo Valley Track (TVT). Spaces are limited.

Bookings essential and can be made by contacting Harro's on 02 6456 1462.

Our Tours

The team at Harro's have put together some fantastic mountain bike guided tours to showcase the best tracks throughout the Resort and the region. Visit the website to view further details on these tours.

- 2 hour Skills Session and Resort Tour
- Thredbo Valley Track Tour
- Cascade Hut Guided Electric Bike Tour
- 3 Huts Guided Electric Bike Tour

Our Tracks

Lake Crackenback Resort & Spa hosts some of the most scenic, flowing single track in Australia, encompassing views of our lakes, the Little Thredbo and Thredbo Rivers and Kosciuszko National Park. Accommodating for riders of all abilities and ages, the Resort offers Green, Blue and Black graded single track, two dedicated skills parks and pump track.

Please drop into Harro's Centre and grab a trail map and get some professional advice on Lake Crackenback Resort & Spa's fantastic track network and biking services.

Shuttle bus
to Thredbo

\$20

per person



Thredbo Valley Track



YOU ARE HERE



Thredbo Valley Track - Elevation Profile

